
TORNILLO ISD SCHOOL HEALTH ADVISORY COUNCIL ANNUAL PROGRESS REPORT TO THE BOARD OF TRUSTEES

July 2024

As Required by [Texas Education Code, Section 28.004](#)

AUTHORITY

Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Tornillo Independent School District is specifically authorized by the Board of Trustees in District policies BDF (legal), EHAA (legal).

PURPOSE

The SHAC is an advisory body. Under TEC Section 28.004, the SHAC's duties include recommending policies, procedures, curriculum, and strategies for health education appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes. The council provides invaluable advice on methods to advance student academic performance by promoting, practicing, and coordinating school health education and services, leading to a greater positive impact on student health and learning.

RESPONSIBILITY

Policy BDF (legal) requires board approval of SHAC membership which is comprised of majority parents, community leaders, school personnel, and other representatives, as needed. The SHAC meets at least four times each year and is required to submit a written report to the Board of Trustees at least once annually.

2023-2024 SHAC GOALS

The 2023-2024 SHAC goals were:

- To increase diverse representation in SHAC membership by recruiting underrepresented school personnel, parent groups, and community partners for the 2023-2024 academic year.
- To increase collaboration with community groups over the next two academic years so the SHAC can use community resources to provide appropriate recommendations to the Board.
- To review tobacco-free policy development by the end of the 2023-2024 school year and provide recommendations to the Board for updating tobacco/vaping policies and practices in the student code of conduct.

- To review District wellness goal, directives, and responsibilities and work to develop and implement Wellness Plan FFA (Regulation) by the end of the 2023-2024 school year.
- By 2024-2024, work with the campus stakeholders to develop and implement a school health action plan in each campus improvement plan.

2023-2024 SHAC ACTIVITIES AND ACCOMPLISHMENTS

During the 2023-2024 academic year, the SHAC had membership elections and recruited underrepresented categories to accomplish SHAC's work to our goal of increasing council diversity.

The SHAC met four times this academic year. The meetings included updates from the district health services coordinator on health and human sexuality curriculum, smart snack guidelines, nutrition, tobacco-free policies, parent, and community outreach planning. Meeting presentations included education/training on safe and healthy school environments, and programming to promote healthy eating and overall healthy lifestyle.

2023-2024 SHAC RECOMMENDATIONS

Following review of materials and community feedback, the SHAC provided support for the district's Wellness policies by creating and implementing supportive and progressive approaches to addressing tobacco use and by safeguarding healthy school environments that promote nutrition education and physical activity.

CONCLUSION

Since the establishment of the SHAC from [Section 28.004](#), SHACs' responsibilities and their importance in making a positive impact on student health and learning has grown significantly. This document serves to fulfill the legislative requirement that mandates SHACs to submit a written report to the Board at least once annually. We hope that, with this report, the Board and SHAC can continue to work together to support the health and well-being of the students.